Cans Instead of Candy

To my neighbors: I am a student at The X School (website). Our campus (6th-12th grade) is located …. Our school’s philosophy is….

This year, we are collecting Cans Instead of Candy on Halloween. All food will go to the Capital Area Food Bank of Texas located on South Congress. We would like donations of healthy, non-perishable foods in non-glass containers. Especially wanted items are: Chili, dry beans, canned stews, 100% peanut butter, whole wheat pasta, whole grains (brown rice), whole grain low sugar cereals, canned meats (tuna and white meat chicken), canned fruits (in its on juice), canned low sodium vegetables, canned low sodium soups, canned low sodium no sugar added pasta sauce, full meals in a box/can, pop top food items. All items should be in the original, unopened packaging. No glass, please.

Thank you for your help!

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